

Patient Instructions Prior to Vein Procedures

Vein Injection Sclerotherapy

1. Do not shave your legs for least 3 days prior to procedure
2. Avoid sun tanning or artificial tanning treatments one week prior to treatment
3. Do not use moisturizing cream or lotion on your legs for 48 hours prior to treatment
4. Avoid Accutane for one week prior to treatment; inform us if you are taking tetracycline or hormonal medications.
5. Bring your compression garment or hosiery to your appointment.

Thermal Vein Ablation Procedures/VenaSeal Procedure

1. Avoid shaving your legs for at least 3 days prior to procedure
2. Do not use moisturizing cream or lotion on your legs for at least 48 hours prior to treatment
3. Wear comfortable and loose fitting clothing and shoes.
4. If prescribed, take one Valium or Ativan tablet 45 minutes prior to your scheduled procedure and bring the other tablet with you (have someone to drive you if you take medication)
5. You may call the office one hour prior to your procedure to ensure we are on schedule to avoid excess waiting for you.

Ambulatory Microphlebectomy

1. Avoid shaving legs for at least 3 days prior to procedure
2. Do not use moisturizing cream or lotion on your legs for 48 hours prior to treatment
3. Wear comfortable clothing and shoes.
4. Please inform us if you are taking any blood thinner medications (i.e., Coumadin, Plavix...)
5. If prescribed, take one Valium or Ativan tablet 45 minutes prior to the scheduled time of your procedure; bring the other tablet with you (have someone to drive you if you take medication)